

Malaysia Leads The Way in The Adoption of Digital Healthcare



Digital Technologies Playing A More Important Role In Managing Health

Malaysia leads in using digital healthcare among 13 countries in Asia.



62% of Malaysians say they obtain health-related information through social media.



72% of Malaysians found that health-related information from health apps were useful.



25% of Malaysians would consider using artificial intelligence to diagnose or manage their health through digital platforms.



However,



only **26%** of Malaysians have taken two or more measures in the past 3 months to improve their personal health based on the information or advice they received from digital platforms.



This is because **69%** of Malaysians believe that financial constraints make it difficult to improve their health and wellness.

Nevertheless,



two-thirds of Malaysians are staying positive that their health will be better in 2021.

How Do Asians React To Digital Healthcare?



38% of respondents in Asia cited social media as a valuable source during the pandemic



59% of Asians found health-related information available from smartphone health apps useful



52% of Asians took action to improve their health and wellness after receiving information or advice from digital healthcare channels



21% of respondents in Asia are expecting to be using a wearable health monitor this year



5 Implications For Policies To Help People Lead Healthier Lifestyles.



1 Improve the quality of health information



2 Create a digital health ecosystem connecting data from personal health devices and services to patient health records



3 More involvement of private sector to advance health promotion initiatives



4 Collaboration between governments and technology firms to drive digital healthcare



5 Treat mental health on par with physical health

SOURCE:

Pulse of Asia - The Health of Asia Barometer

13 Asia countries took part in the survey :

Hong Kong • Singapore • Taiwan • Myanmar • Laos

Mainland China • Cambodia • Malaysia • Thailand

Philippines • Indonesia • Vietnam • India

Total respondents: 5,000

MORE INFORMATION:

<https://pulseofasia.economist.com/the-health-of-asia-barometer/>

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