

## **Day Surgery FAQ:**

### **1. What is day surgery procedure?**

Day care surgery is defined as scheduled surgical procedures provided to patients who do not require hospital stay overnight. It is a process of care by which suitable patients are managed with admission, treatment and discharge on the same day. Day care surgery is done for diagnostic and therapeutic procedures which require local, regional, or general anesthesia, which do not carry the risk of post-operative complications but only require a minimum period of observation in the hospital.

### **2. What are common criteria for Day Surgery?**

- Preplanned & performed by specialist
- Procedure that have minimal risk but do not carry significant postoperative complication that requires hospitalization
- Proper facilities that consist of its own procedure room/operating theater and recovery area

### **3. Example of day surgery procedure.**

- Cataract surgery
- Excision of large lesion over eyelid
- Incision of middle ear / myringotomy
- Incision and drainage of large abscess
- Surgical Excision of cyst / wart
- OGDS / Colonoscopy

### **4. Consideration for day care coverage for procedure done at GP/Specialist clinic outside of Hospital setting**

- Customer requires to fully understand Day care facilities is different from a procedure room in clinic.
- Procedure that may be considered for day care benefit when done at outside clinic if:
  - Local nerve block / Local anesthesia or General anesthesia is involved &
  - Lesion is significantly large causing a disability and is excised as medically necessary

### **5. Example of out-patient procedure and not deemed& covered as day surgery benefit.**

- Purely ear suction clearance toileting or syringing / Limited to external ear
- Wound care – simple dressing
- Pap smear
- Toilet & suturing of small wounds < 2cm